My Career Plan

- Making Connections
- Learning About Myself
- Exploring My Options
- Looking for a Job and/or Volunteer Position

My Career Plan Checklist

careers.yorku.ca
Exploring Fields of Interest

- Arts & Culture
- Business
- Communications
- Entrepreneurship
- Government
- Medicine & Health
- Science, Technology, Engineering & Math (STEM)
- Sports & Recreation

# Career Options by Program of Study

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<td>Biotechnology</td>
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<td>Business and Society</td>
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<td>Chemistry</td>
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<td>Cognitive Science</td>
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<td>Dance</td>
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<td>Earth &amp; Atmospheric Science</td>
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<td>Environmental and Health Studies</td>
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<td>Law and Society</td>
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<td>Marketing</td>
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<tr>
<td>Mathematics</td>
<td>Music</td>
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Possible Career Options in Health Studies

- Health Systems Planner
- Community Health Administrator
- Disability Management
- Project Coordinator
- Health Finance Analyst
- Health Information Specialist
- Account Coordinator
- Data Analyst
- Fundraising Coordinator
- Health Care Manager
- Human Resources Specialist
- Health Information Specialist
- Health Policy Analyst
- Health Policy Researcher
- Medical Sales Representative
- Mental Health Counsellor

- Health Care Advocate
- Community Health Worker
- Hospital Director
- Human Rights Advocate
- International Development Worker
- Lawyer
- Medical Writer
- Non-Profit Organization Director
- Project Coordinator
- Quality Performance Specialist
- Laboratory Technician
- Dietician
- Event Coordinator
- Marketing Specialist
- Paramedic
- Rehabilitation Counsellor
Possible Career Options in Global Health

- Bio technician
- Community Development Worker
- Cytologist
- Foreign Service Worker
- Health Educator
- Health Systems Planner
- Hospital Administrator
- Human Rights Advocate
- Immunologist
- International Development Worker
- International Aid Director
- Journalist
- Lawyer
- Media Correspondent
- Medical Writer

- Non-Profit Organization Director
- Pharmacist
- Physician
- Researcher
- Systems Integration Specialist
- Toxicologist
- UN Representative
- Social Program Director
- Foreign Service Worker
- Children’s Rights Advocate
Possible Career Options in Kinesiology

- Kinesiologist, Ergonomic Kinesiologist
- Pharmaceutical Sales Representative, Pharmaceutical Researcher
- Teacher
- Registered Massage Therapist
- Athletic Therapist, Athletic Trainer
- Chiropractor
- Doctor
- Dietitian, Nutritionist
- Occupational Therapist
- Physical Therapist
- Speech Pathologist
- Pharmacist, Pharmacist Technician
- Optometrist
- Health Club Director
- Biomedical Engineer

- Naturopathic Practitioner
- Veterinarian
- Medical Librarian
- Technical Writer
- Marketing, Event Planner, Sports Media
- Recreational Therapist
- Personal Fitness Trainer, Coach
- Health Educator, Public Health
- Biostatistician
- Paramedic
- Dentist
- Rehabilitation Counsellor
- Audiologist
Possible Career Options in Psychology

- Pharmaceutical Sales Representative
- Pharmaceutical Researcher
- Pharmacist Technician
- Immigration Officer
- Rehabilitation Counsellor
- Counsellor: Addictions, Personal, or Career
- Psychologist
- Community Worker
- Recreational Therapist
- Housing Support Worker
- Mental Health Worker
- Fund Raiser
- Academic Advisor
- Case Manager
- Occupational Therapist
- Marketing, Event Planner
- Insurance Claims Adjuster
- Paramedic
- Personal Support Worker
- Technical Writer
- Social Worker, Social Services Worker
- Policy Development
- Probation Officer
- Correctional Officer
- Project Management
- Intake Worker
- Paralegal
- Lawyer
- Human Resources Specialist
- Child and Youth Worker
Careers by Occupational Clusters

Practitioner Careers
- Chiropractor
- Dentist
- Optometrist
- Physician

Associated Health Careers
- Dental Hygienist
- Dietician
- Genetic Counsellor
- Midwife
- Registered Nurse
- Nurse Practitioner
- Pharmacist

Technicians
- Diagnostic Medical Sonographer
- Clinical Laboratory Technician
- Medical Assistant
- Ophthalmic Assistant
- Optician

Rehabilitation Careers
- Registered Massage Therapist
- Occupational Therapist Physiotherapist
- Rehabilitation Counsellor
- Speech-Language Pathologist

Administrative Health Careers
- Director of Hospital Public Relations
- Director, Nursing Home Activities
- Quality Assurance

Affiliated Health Careers
- Biomedical Writer
- Social Worker
- Health Educator
- Health Services Administrator
- Mental Health Worker
Career Exploration Websites

- **Career Cruising** [www.careercruising.com](http://www.careercruising.com)
  Username: *yorku* Password: *careers*

- **Eluta** [http://www.eluta.ca/](http://www.eluta.ca/)

- **Talent Egg** [www.talentegg.ca](http://www.talentegg.ca)

- **Career Edge** [https://careeredge.ca/en/home](https://careeredge.ca/en/home)

- **Glass Door** [https://www.glassdoor.ca/index.htm](https://www.glassdoor.ca/index.htm)

- **Indeed** [www.indeed.ca](http://www.indeed.ca)

- **Ontario Ministry of Training, Colleges and Universities**
  [https://www.tcu.gov.on.ca/eng/](https://www.tcu.gov.on.ca/eng/)
Career Exploration Websites (Continued)

- **Charity Village** [http://charityvillage.com/](http://charityvillage.com/)
- **Community Mental Health Careers** [http://www.workinginmentalhealth.ca/forms/listJobs.aspx](http://www.workinginmentalhealth.ca/forms/listJobs.aspx)
- **Canadian Psychology Association, Planning a Career in Psychology** [http://www.cpa.ca/](http://www.cpa.ca/)
- **Kinesiology Network** [http://www.kinesiology.net/](http://www.kinesiology.net/)
- **Career Centre** [www.careers.yorku.ca](http://www.careers.yorku.ca)
Career Conversations Series

- Alternative Career Options in Health Care
- Careers in Entrepreneurship, Self Employment and Start-ups
- Discovering Careers in Non-Profit, Charitable and Non-Governmental Organizations
- Discovering Careers in Kinesiology
- Discovering Careers in Community Health & Social Services
- Discovering Careers in Psychology
- Careers in Counselling and Mental Health

yorku.ca/careers/conversations
TASTE: Take A Student To Eat

The TASTE Program is a partnership between the York University Career Centre and Alumni Relations designed to give York students and Alumni an opportunity to make meaningful connections.

Alumni are eager to support the University as volunteers and share their experiences and expertise with current students.

Students look for connections with alumni professionals who've followed similar paths and can provide them with inside information and career advice.

TASTE lunches happen year round during the Fall/Winter and Summer terms.

Objective of the TASTE Program

The objective of this program is to provide York students with an opportunity to talk face to face with a York alumna/us about their career-related interests. The program pairs two students with a York grad over an informal lunch setting during which the alumna/us shares information about their job, industry, and organization while students gain inside information and inspiration from someone who's been there.

How it works

York Alumni interested in participating in TASTE will provide a bio, company information and the date, time, and location when they are available to take two students for a 1 – 1 ½ hour lunch.
Examples of books:

- Your Bright Future in Health Care
- Careers in Nursing
- Top 100 Health-Care Careers
- Opportunities in Sports and Fitness Careers
- Career Opportunities in Health Care
- Careers in Public Health
- Careers in Health, Physical Education, & Sport, Second Edition
- Careers with the Pharmaceutical Industry, Second Edition
- Careers in Sport, Fitness, and Exercise
- Sports and Leisure Careers
- Careers in Psychology, Opportunities in a Changing World