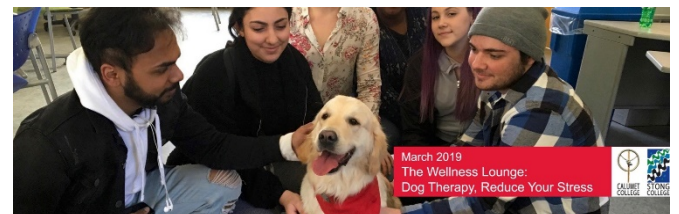


# CALUMET AND STONG COLLEGES STUDENT SUCCESS PROGRAM VIRTUAL SUPPORT

*Inspiring Learning, Leadership and Citizenship*



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# Orientation and Transition

## Orientation

**Summer Orientation Day (SOD)**, offered by Calumet & Stong Colleges, helps new students transition to York University by introducing them to upper-year mentors, campus resources, Calumet & Stong Colleges' resources, and facilitating peer-to-peer connections.

Through a combination of live and pre-recorded Zoom videos, students will connect with one another and their upper-level peers, learn about various campus resources and Calumet & Stong Colleges' resources, and understand their rights and responsibilities as members of the York University community. New students will hear from Undergraduate Program Directors, Professors, and Program Coordinators about various academic and professional opportunities available at the departmental level.

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## Mentoring

Run by the student clubs, the Peer Mentoring program connects first year and transfer students to upper-year students to help them transition into university.

Typically, the student clubs offer Peer Mentoring through in-person drop-in services, in-person appointments, or online appointments. Peer Mentors also send weekly emails to their group of mentees on various health and wellness tips, study strategies, upcoming events and important dates, and on/off campus resources. The clubs will continue to offer their Peer Mentoring services through online appointments and posting online learning and study strategies, health and wellness tips, and other videos on their social media pages.

Please find the social media pages and websites below:

### **Calumet College:**

<https://calumet.yorku.ca/>

<https://www.instagram.com/calumet.york>

<https://www.facebook.com/calumet.york>

### **Stong College:**

<https://stong.yorku.ca/>

<https://www.instagram.com/stong.york>  
<https://www.facebook.com/yorkustongcollege>

**GHSA (Global Health Student Association):**

<https://ghsayu.simplybook.me/v2/>  
<https://www.instagram.com/ghsayu/>

**KAHSSO (Kinesiology and Health Science Student Organization):**

<https://kahsso.club.yorku.ca/>  
<https://www.instagram.com/kahssoyu/>

**NSTAMP (Nursing Student Tutoring, Ambassadorship, and Mentorship Programs):**

<https://www.instagram.com/nstamp.yorku/>

**SAHMPI (Student Association of Health Management, Policy, and Informatics):**

<https://www.instagram.com/sahmpi.yu/>

**UPSA (Undergraduate Psychology Student Association):**

<https://sites.google.com/view/upsayorku/>  
<https://www.instagram.com/upsayorku/>

Please do not hesitate to contact me for further information.

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## Academic Support Programs

### Course Representatives

Course Representatives (CRs) are student leaders within the Faculty of Health courses who support the transition of their peers through classroom announcements, organizing study groups and soliciting feedback from students regarding their course experience.

Classroom announcements typically occur every week and are 2-3 minutes in length. The announcements include important information about university policies and procedures, campus resources and events, academic skills, student leadership, health and wellness, and the

Colleges' academic support programs. Facebook groups are used to organize study groups, build community and provide an outlet for students to provide their feedback

We will be continuing the Course Representative program throughout the spring and summer semester virtually. Course Representatives will video record their weekly presentations to post via the course Moodle page and/or social media platform. They will continue to solicit feedback regarding the course experience from their peers, and also organize virtual study groups via the Zoom platform.

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**Peer Assisted Study Sessions**

PASS, also known as Peer Assisted Study Sessions, are group study sessions that are offered for challenging courses. These sessions are facilitated by trained Peer Leaders who have completed the course with a grade of A or A+. The purpose of the PASS Session is to strengthen students' learning skills. This is an opportunity for peers to come together to discuss difficult course concepts, compare lecture notes, practice questions and share learning tips and strategies.

PASS is currently being offered virtually. Using ZOOM as the platform, students are invited to a two-hour online PASS Review Session. All Course Instructors who are supporting PASS receive promotional material to share with their students via their course Moodle platform.

Our team is committed to offering PASS during the SU term. This will be dependent on course offerings.

Courses that are currently being supported by PASS include:

- KINE 1020 6.00 - Fitness and Health
- KINE 3012 3.00 - Human Physiology II
- KINE 3030 3.00 - Biomechanics of Human Movement
- PSYC 1010 6.00 - Introduction to Psychology (Sections B & D)
- PSYC 2020 6.00 - Statistical Methods I and II (Sections C, D, E, F G & H)
- PSYC 2021 3.00 - Statistical Methods I (Sections M, N, O & P)

To learn more about PASS please contact:

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## Peer Tutoring Program

Run by the student clubs, the Peer Tutoring program provides free academic support by enhancing students' studying and learning skills through free one-on-one peer tutoring. Peer Tutors are well trained upper-level students who have successfully passed and attained a minimum grade of A in the courses they support and a minimum cumulative GPA of a B+.

Typically, the student clubs offer Peer Tutoring through in-person drop-in services, in-person appointments, or online appointments. Clubs will continue to offer their Peer Tutoring services through online appointments and posting online learning and study tips and videos on their social media pages. The student clubs that will offer Peer Tutoring throughout the spring and summer term via Zoom. Updates regarding the Peer Tutoring program will be posted on the Colleges and student club websites at social media pages, listed below.

### **Calumet College:**

<https://calumet.yorku.ca/>  
<https://www.instagram.com/calumet.york>  
<https://www.facebook.com/calumet.york>

### **Stong College:**

<https://stong.yorku.ca/>  
<https://www.instagram.com/stong.york>  
<https://www.facebook.com/yorkustongcollege>

### **GHSA (Global Health Student Association):**

<https://ghsayu.simplybook.me/v2/>  
<https://www.instagram.com/ghsayu/>

### **KAHSSO (Kinesiology and Health Science Student Organization):**

<https://kahsso.club.yorku.ca/>  
<https://www.instagram.com/kahssoyu/>

### **NSTAMP (Nursing Student Tutoring, Ambassadorship, and Mentorship Programs):**

<https://www.instagram.com/nstamp.yorku/>

### **SAHMPI (Student Association of Health Management, Policy, and Informatics):**

<https://www.instagram.com/sahmpi.yu/>

**UPSA (Undergraduate Psychology Student Association):**

<https://sites.google.com/view/upsayorku/>

<https://www.instagram.com/upsayorku/>

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## Leadership and Professional Development

### Health and Wellness

The Health and Wellness Program supports activities including hands-on workshops and themed events addressing the Body, Mind and Heart Tree Model for Health: (Nutritional, physical, sexual, financial, academic, etc.).

The program also supports the Wellness Lounge in Calumet College 129, where students have an opportunity to recharge and refresh. Students may come by relax, study, play games, have some FREE Coffee/Tea, engage in wellness activities, and ask any questions related to health and wellness.

Although the Wellness Lounge is currently closed, the Health and Wellness Program will continue to support our students and build a sense of connectedness and community in a potentially isolating time period. Specifically:

- We will be hosting **Weekly Zoom Chats**, where students can drop by, speak with peers, and wellness lounge staff. Social Distancing shouldn't be lonely! Join us every **Wednesday, @ 5:30** to chat about your week, ask us questions and relieve some stress!
- Join our **Wellness Lounge Community Group Chat on Instagram!**
  - Are you feeling lonely at home? Come be a part of our Community Group Chat, where you can share memes, comments, make connections, talk about health and wellness or just engage in a discussion with your peers!



**For more information on joining the Weekly Zoom Chats, or the Community Group Chat, please follow us on instagram @wellnessloungeyork**

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**Leadership Exploration and Development (LEAD with us)**

The purpose of this program is to foster a culture of leadership and citizenship among all students affiliated with Calumet and Stong Colleges. LEAD offers hands-on workshops, full day training sessions for Peer Leaders within Calumet and Stong Colleges and conference presentations for the campus wide Peer Leadership Community. LEAD's signature training sessions include: Foundational Peer Leadership Training (FPLT), Advanced Peer Leadership Training (APLT) and LEAD Essentials. Most recently, five Peer Leaders affiliated with the Colleges had an opportunity to present at the [SPARK](#) Conference.

The LEAD Program is exploring how best to deliver a rich training experience for our Peer Leaders using Moodle and Zoom. In the short term, our team is designing an online Foundational Peer Leadership Training (FPLT) experience that will be launched this spring.

If you know of any students who are interested in Peer Leadership positions, please encourage them to contact me. We have many volunteer positions available within the Colleges and among our affiliated student clubs and organizations.

To learn more about LEAD please contact:

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## Career Exploration

**Career Spotlight** connects students with alumni in established careers to help undergraduates make informed decisions about their future career pathways.

Through Zoom meetings, students will hear from one alumni member about their profession. A moderator will ask the alumni a few career-related questions and participating students will have an opportunity to ask their own. The sessions will last anywhere from 30 minutes to 1-hour depending on alumni availability. Alumni also have the option to record their answer to questions, sent in advance, if they are unable to hold a live webinar.

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## Agents of Change

The Agents of Change Program provides up to \$500 in start-up funds to help students launch their own healthy initiative in the community. These projects can cover a broad range of categories, including physical, mental, sexual health, as well as any of the social determinants of health.

Students may apply for the Agents of Change program in July 2020, when applications will be released for the Fall/Winter 2020/2021 Term.

For more information, please visit <https://ccscss.info.yorku.ca/agents-of-change/> or contact

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## Community Building and Development

## Student Engagement and Partnership

Calumet and Strong Colleges staff and College Heads connect with, guide and mentor students, Peer Leaders, Faculty of Health academic unit-based Student Organizations, College Student Council/Government and Student Clubs whose mandate aligns with the Vision, Mission and Values of the Colleges. The focus is on contributing to student growth and development, building a vibrant diverse community, and enhancing student networks and connection with peers, staff, faculty, alumni and fellows.

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## Community Engagement and Wellbeing

***Art on Campus Digital Tour*** gives students a sense of connectivity to the YorkU campus and introduces them to various art installments, detailing each piece's location, creator, appearance, and fun facts. This tour provides students an opportunity to remotely explore their home-away-from-home and plan in-person excursions with peers (once normal operations resume).

Art installments will be collected digitally through existing online archives via Google Maps (street view) & Google Images. The images will then be synthesized into a virtual tour using Google Tours. The tour will be published on the Calumet & Stong Colleges website and emailed to students via the listserv.

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***Community Engagement & Wellness Gallery*** collects and displays artwork crafted by students in past workshops. The gallery will highlight and pay tribute to the efforts and accomplishments of undergraduates as they brave the challenges of learning a new skill (i.e. painting, clay-making, mask-making, etc.).

Students will submit electronic images of their past creations, which will be saved and displayed on the Calumet & Stong Colleges website. Images may include brief student testimonials detailing their workshop experience.

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***Drawing Fundamentals Mini-Series.*** An experienced artist will deliver a number of mini workshops to teach students the fundamentals of drawing (creating lines, shading, 3D shapes, etc.). This will allow students to take a brief pause from their academics, self-care, and refresh their mind while learning a new skill. Students can also interact with their peers as they ask questions and display their works voluntarily.

Through Zoom Meetings and using a high-quality imaging webcam, an artist will guide students through various drawing techniques.

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***Speed Drawing.*** Building on the Drawing Fundamentals Miniseries explained above, Speed Drawing encourages students to apply the miniseries' lessons to make a replicate drawing of a pre-determined image chosen by the artist. The artist will continue to guide students and assist them with their artwork as the workshop progresses.

Through Zoom Meetings and using a high-quality imaging webcam, an artist will guide students to make a replicate drawing of a pre-determined image.

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